

December 5, 2021  
Psalm 46

## **God is our Refuge**

Do you ever feel stressed, tired, afraid, ...?

Trials may be health-related, weather-related, financial, from the actions of wicked people, from the wrong actions of God's people, or from simply being righteous.

**God's Presence is our Protection** 1

Our refuge is a PERSON!

Our refuge is all-powerful.

Our refuge is everywhere present.

**Our Confidence in God's Protection** 2-3

The Statement of Confidence 2a

The Circumstances of Chaos 2b-3

**God's Peace in the midst of Chaos** 4-6

*Peace because God is present!*

2 Peter 3:5-7; John 14:16; 1 Corinthians 10:13

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<b>God's Past Actions elicit our Confidence</b>	8-9
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### **Questions to Consider**

- When were you stressed, overwhelmed, afraid, or weak and without the strength to go on? Did you run to the Lord? What happened?
- How can we demonstrate “running to our refuge” in God in the struggles of everyday life?
- How would the removal of fear from our lives affect how we approach the difficulties we face?
- How does the fact that God, our refuge, is always present and all powerful help us in our trials?
- How can you take hope from 1 Corinthians 10:13?
- What has God done for you in the past that encourages you to trust him today?