

September 17, 2017

Psalm 6

Dealing with Severe Trials

1. *The elements of the psalmist's sorrow vv.-7*

- Distress vv. 1-5
- Despair vv. 6-7

2. *The elements of the psalmist's deliverance vv. 8-10*

- Conviction vv. 8-9
- Certainty v. 10

Conclusion:

In the course of life, we might be called upon by the Lord to experience severe trials.

We may be the cause of our trials; others may have caused them; or they could just be given to us by the Lord for His glory.

We should be faithful to bring our problems to the Lord in prayer (1 Thess. 5:17).

If there is sin in our life then we should confess it unto the Lord (1 John 1:9), but the consequences for sinful choices might still continue (cf. David).

We cannot conclude that in every situation our prayers will be answered in the way we request. But we can conclude that He works all things together according to the counsel of His own will (Eph. 1:11).

We also realize that God's love for us is unfailing and consequently everlasting (vs. 4).

We can also conclude that we must trust in the Lord even when we cannot comprehend what He is doing in our lives (Proverbs 3:5-6).

We can believe that God will not give us more than we can bear and that with our trials He will provide a way of escape (1 Cor. 10:13).

Questions for discussion

- 1. Have you ever experienced a severe trial or trials in your life? Can you describe your situation/s? How did you handle your situation/s? Did you share your problem/s with other believers? Were other believers helpful to assist you? Did you spend much time in prayer and Bible study? What was the outcome? What did you learn from your troubles?**
- 2. How do Proverbs 3:5-6 and 1 Corinthians 10:13 relate to any problems we might experience?**
- 3. Have you personally assisted other believers during their times of severe trials? What did you do to help? What was the outcome?**